

HOW TO BE A PERPETUAL TOURIST IN 7 DAYS

WITHOUT VISA RUNS, RED TAPE,
AND BANKING HASSLES



The Perpetual Tourist Checklist

Your First Step to Living Free Without Visa Runs, Red Tape, or Banking Hassles

Welcome to the Life You Were Supposed to Have

You didn't stumble here by accident. Somewhere along the way, you realized the deal you were sold — work until you're old enough to limp into retirement, grab a week in the sun every so often, then fade out quietly — was never going to cut it.

Let's be real. We KNOW something is wrong with the current lifestyle in the USA. Let's not kid ourselves.

The question is, how can you legally and ethically avoid it, and still either maintain, or create a better life of freedom?

It is all about living a life of freedom, of choice. Choosing the government you want to live under, the banking rules you want to follow, being able to make money freely, and shedding the burden of high taxation, high healthcare, and crippling overregulation.

What no one else is telling you: You are volunteering to live that way. You don't have to. You can pick and choose the conditions of life the same way you choose your clothes...by what feels good and comfortable.

This free report is a stepping stone to

- Choose where you want to spend your time and live.
- Choose how and where you bank.
- How to move money across borders effortlessly.
- Choose what taxes you're willing to pay and how much.
- Insurance and health care in first-world facilities that don't leave you bankrupt.
- How to set up "bases" so you aren't constantly living out of suitcases or feeling like you are on the run.

You want more. You want to wake up with choices. You want the freedom to move without bureaucracy pulling on your sleeve. You want a life where you can stay in Thailand, Vietnam, Mexico, or Spain without constantly worrying about visa stamps, bank lockouts, or whether your phone will even connect when you land.

This is your first taste of that life.

The *Perpetual Tourist Checklist* isn't just a packing list. It's a **mindset shift disguised as a guide**. It's the bridge between the hamster wheel you've been living on and a calmer, freer, more intentional way of life abroad.

You won't find filler here. No "pack sunscreen" or "bring comfortable shoes." You already know that. Instead, you'll find **the 7 critical moves** every perpetual traveler needs to make to live smooth, free, and unbothered overseas. These aren't theories. They're hard-won lessons from people who've burned out on visa runs, lost money to bad banking setups, or got stranded because a cheap SIM card didn't work when it mattered most.

By the time you finish this guide, you'll know exactly what steps to take in your first 7 days — and you'll see how this simple checklist grows into a lifestyle of designed freedom.

Who This Is For

If you're reading this, you're not just planning a vacation. You're looking for a way to **stretch your life, your money, and your sanity** further than the borders of your passport.

This guide is for you if:

- **You're done with hamster-wheel living.** The idea of working 50 weeks just to beg for 2 weeks of vacation makes your chest tight.
- **You're ready to live abroad longer than a tourist visa allows.** The thought of shuffling through immigration every 30 days with sweaty palms doesn't appeal to you.
- **You've tasted nomad life and want stability.** Maybe you've been to Chiang Mai or Playa del Carmen, living cheap and free, but you know that constant moving leaves you untethered.
- **You want freedom without chaos.** Backpacking hostels, couch-surfing, or "just winging it" are great in your twenties. But now you want structure — not chains, but anchors.
- **You're protecting your retirement income.** Whether you're living on Social Security, pensions, or online income, you know one frozen account or tax screw-up can ruin the dream.
- **You crave simplicity.** Less paperwork. Less government intrusion. Less fear that a single missed form will force you on a plane back home.

Sound familiar? Then you're in the right place.

The Promise of this report:

The *Perpetual Tourist Checklist* isn't about reckless escape. It's about **strategic freedom**. It's about setting yourself up so you can stay longer, spend smarter, and stress less.

Over the next pages, we'll cover:

1. How to secure your digital life so your accounts don't betray you.
2. The right way to set up banking and payments so you're never stranded without cash.
3. How to master communication abroad without \$500 phone bills.
4. The insurance and health hacks that save you from medical debt nightmares.
5. Visa strategies that keep you moving without constant border runs.
6. Daily cost hacks that make \$1,500/month feel like \$5,000 - \$10,000 back home.
7. How to create a "base" wherever you land so you don't feel like a rootless backpacker.

This is the foundation. By following it, you'll avoid the pitfalls that kill most travel dreams in the first six months.

And when you're ready, the checklist unfolds into something bigger — the *7-Day Perpetual Tourist Mini-Course*. That's where we walk you step-by-step through each move with tools, templates, and examples.

But first: let's start with the **three hazards keeping you grounded**. Once you see them clearly, the checklist will make complete sense.

Day 1: The Mindset Shift

What Being a Perpetual Tourist Really Means

Forget the Myths

When most people hear the word *expat*, they imagine paperwork, permanent moves, and endless bureaucracy. They picture buying property in a foreign country, filing taxes in two jurisdictions, or getting stuck in a visa office for hours.

That's not the perpetual tourist.

Being a **perpetual tourist** is *lighter, safer, and smarter*. You're not trying to become a citizen of a new country. You're not locking yourself into one place forever. You're taking advantage of something much simpler: most countries *love tourists*.

Tourists are welcome. Tourists spend money, stay short-term, and don't trigger the same red tape locals face. And the beautiful part is — many countries let you stay three, six, even twelve months at a time on nothing more than a tourist visa.

The “Tourist Advantage”

Here's the real secret:

- **No complex immigration status.** You're not applying for permanent residency or citizenship.
- **No heavy tax burdens.** As a tourist, you're not subject to the same reporting rules as residents.
- **Maximum flexibility.** You can move when you want, stay where you want, and change plans without penalty.

Instead of fighting the system, you *flow with it*.

That's why perpetual tourists are freer than many so-called “expats.”

Why This Lifestyle Is Safer

The word *tourist* might sound temporary, but the lifestyle is surprisingly stable. Why?

- **Governments rarely hassle tourists.** They're revenue, not paperwork.
- **Tourist visas are predictable.** You know exactly how long you can stay.
- **You can always pivot.** If one country tightens rules, you just shift to another.

In a world where rules change constantly, that flexibility is safety.

Your First Action Step

Grab a notebook or a blank document.

1. Write down your **“Why.”** Why are you drawn to this lifestyle?
 - To stretch your retirement income?
 - To escape 9-to-5 burnout?
 - To enjoy warmer weather, better food, or a slower pace of life?
2. Jot down the **top locations** already on your mind. Don't overthink it. Just list the countries or cities you daydream about.

This may seem simple, but it's the foundation. Your *why* keeps you motivated when fear shows up. Your target locations give shape to your plan.

Don't Stop Here

Today, you've taken the first step: shifting your perspective. You now see that you don't need to be an “expat” to live abroad. You can stay light, flexible, and free as a perpetual tourist.

But this is just the beginning.

In the **7-Day Mini-Course**, we go deeper:

- A clear definition of what perpetual tourism looks like in practice.
- Why it's safer than residency or citizenship traps.
- Real-world examples of people living this way long-term.
- A guided worksheet to help you clarify your *why* and your first 3 locations.

Tomorrow, we'll cover **Day 2: Choosing Your Country Wisely** — how to quickly filter countries by cost, visas, healthcare, and lifestyle so you don't waste months chasing the wrong spot.

Day 2: Choosing Your Country Wisely

Not Every Paradise Is Built for Perpetual Tourists

The Big Mistake Most Newcomers Make

Most first-time perpetual tourists start with a dream: “I’ll live in Thailand.” Or “I’ll head to Mexico.” Or maybe “Portugal looks amazing.”

And while dreaming is good, dreaming without filters is dangerous.

Why? Because **not every country that looks great on Instagram works for the perpetual tourist lifestyle.** Some are cheap but make visas impossible. Some are fun for a week but exhausting for six months. Some look safe online but are a nightmare for healthcare or internet.

The truth: paradise is personal — and practical.

The 4 Filters That Matter Most

Before you buy a ticket, filter countries through four lenses. Think of them as your “travel safety net.”

1. Cost of Living

- Can you live comfortably on your budget, not just scrape by?
- What’s rent, groceries, eating out, transportation?
- Rule of thumb: look for places where \$1,500/month feels like \$3,000 back home.

2. Visa Policy

- How long can you stay on a tourist visa? 30 days? 90 days? A year?
- Can you renew easily?
- Does the country *welcome* tourists, or does it treat them like a problem?

3. Healthcare Access

- Are there decent clinics and hospitals nearby?
- What’s the cost of private care?
- Could you handle an emergency there, or would you need evacuation insurance?

4. Internet & Lifestyle

- How reliable is the Wi-Fi? (If you're working online, this is non-negotiable.)
 - Does the lifestyle match your vibe? Beach town, city hustle, mountain calm?
 - Are there other travelers and expats to connect with, or will you feel isolated?
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Quick Examples

- **Thailand** → Great balance of cost, visas, healthcare, and lifestyle. Many perpetual tourists start here.
 - **Vietnam** → Cheap and lively, with long tourist visas available, but language barrier and bureaucracy can be frustrating.
 - **Portugal** → Amazing lifestyle, decent healthcare, but cost of living is creeping up.
 - **Mexico** → Easy visas (up to 180 days), strong tourist culture, but safety varies widely by region.
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The Tourist Sweet Spot

The goal isn't to find a "perfect" country. It's to find the **sweet spot where the four filters overlap**:

- You can afford to live well.
- You can stay legally without headaches.
- You can handle health and safety.
- You actually *enjoy* the day-to-day life.

Get those right, and almost anywhere can feel like home.

Your Action Step

Take 10 minutes today and make a quick list:

1. Write down 5 countries you've thought about living in.
2. For each, jot quick notes under the four filters: cost, visa, healthcare, lifestyle.
3. Circle your **top 3 countries** that pass the test.

That's it. Don't overthink yet. Just get your short list on paper.

Where to Go Deeper

In the **7-Day Mini-Course**, we'll go beyond this simple exercise:

- You'll get the **Perpetual Tourist Scorecard**, a one-page tool that lets you rank countries side-by-side.
- We'll give you **real data sources** for cost of living, visa lengths, and healthcare ratings.
- You'll see **sample case studies**: why Thailand often wins, why Portugal works for some but not others, and why Vietnam looks good on paper but challenges many.

Today's step is just to sharpen your vision. Tomorrow, we'll zoom in on

Day 3: The Visa Hack — the strategies that keep you out of the dreaded visa-run treadmill.

Day 3: The Visa Hack

Stay Longer Without Getting Stuck in the Visa Run Treadmill

The Visa Nightmare You Want to Avoid

Picture this: you're in Thailand, life is good, the beach is 5 minutes away. But your 30-day stamp is running out. Suddenly, you're scrambling:

- Booking a last-minute flight to Laos just to re-enter.
- Waiting in hot border offices with busloads of others.
- Spending money and time just to keep the same status you had yesterday.

That's the **visa run treadmill** — exhausting, expensive, and completely unnecessary if you plan ahead.

The Tourist Advantage

Here's the truth: many countries *want* tourists to stay longer. They build their economies around it. You just need to know which doors to walk through.

Some examples:

- **Thailand** → 30-day entry + extensions, and tourist visas that stretch to 60 or even 90 days.
 - **Mexico** → Up to 180 days on arrival for many passports — no renewal needed.
 - **Portugal** → Schengen visa gives you 90 days, renewable by hopping to a non-Schengen country, then back.
 - **Vietnam** → E-visas valid for 90 days, with multiple-entry options now easier than ever.
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Visa Hacks That Work

1. Start Where It's Easy

Don't fight countries with strict rules on your first run. Begin in places that give you generous tourist stays. Mexico, Thailand, and much of Southeast Asia are very forgiving for first-timers.

2. Use Extensions, Not Runs

Many tourists don't realize you can extend right inside the country. For example, Thailand lets you add 30 days at an immigration office for a small fee — no border run required.

3. Stack Your Options

Combine entry methods. For example:

- Enter Thailand on a 60-day tourist visa.
- Extend 30 more days.
- Leave once, re-enter for another 30.
That's 4–5 months, hassle-free.

4. Rotate Regions

Smart perpetual tourists rotate countries within a region. Example: Spend 3 months in Thailand, 3 in Vietnam, 3 in Cambodia, then circle back. Same timezone, different stamps.

What Not to Do

- Don't assume "visa runs" are your only option. They burn energy fast.
 - Don't overstay — fines and bans are real, and they kill your freedom.
 - Don't lock yourself into residency or citizenship unless you *really* want the red tape.
Remember: tourist = flexibility.
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Your Action Step

Take your top 3 countries from yesterday's list.

1. Look up their **tourist visa length** (Google "[country] tourist visa length for U.S. citizens").
2. Write down how many months you could legally stay without leaving.
3. Pick one that gives you at least 90 days. That's your starter country.

This simple exercise saves you from living at the mercy of border crossings.

Where to Go Deeper

In the **7-Day Mini-Course**, we'll give you:

- The **Visa Hack Matrix** — a one-page guide showing which countries offer the longest, easiest tourist stays.
- Step-by-step examples of how perpetual tourists rotate between countries without breaking the rules.
- Insider tips on extensions, consulates, and paperwork shortcuts that keep you legal and stress-free.

The checklist you're reading now opens the door. The course hands you the map.

Tomorrow, we'll tackle **Day 4: Banking Without Borders** — because having the right visa means nothing if your bank locks you out while you're abroad.

Day 4: Banking Without Borders

How to Keep Your Money Flowing Wherever You Land

Why Banking Can Break Your Freedom

Imagine landing in Bangkok. You go to pay for your Airbnb, and your U.S. bank flags the transaction as fraud. Suddenly your card is frozen, and the “fraud department” wants you to confirm on your old U.S. phone number — the one that doesn’t even work here.

Or maybe you’re in Mexico and want to transfer rent to your landlord. PayPal works, but the fees chew up 8–10% of your money. That’s a rent hike you didn’t sign up for.

This is where most would-be perpetual tourists fall apart. They plan their visas and housing, but forget the lifeline that makes it all possible: *banking that works across borders*.

The Tourist Banking Principles

1. Never Rely on a Single Account

If your main bank freezes you, you’re stranded. Always have at least two accounts — one U.S.-based, one “nomad-friendly.”

2. Use Nomad-Friendly Cards

Some banks and services *want* your international business. Others punish it. Learn the difference before you leave.

3. Keep a Mix of Cash + Digital

ATMs are everywhere, but they aren’t always reliable. Keep a little cash buffer and a way to move money digitally.

Tools That Work

- **Charles Schwab Debit Card** → No foreign ATM fees, refunds charges, works almost anywhere.
- **Wise (formerly TransferWise)** → Multi-currency accounts + debit card. Lets you get paid like a local in dozens of currencies.
- **Revolut** → Great for spending and currency conversion in Europe and Asia.
- **PayPal / Venmo / CashApp** → Okay as backups, but never rely on them for your main money flow.

Offshore Lite (Without Lawyers & Paperwork)

When people hear “offshore banking,” they picture secret accounts in Panama. Forget that. What you really need is **offshore lite** — simple, legal, low-cost setups that give you the same flexibility without the drama.

Example:

- Keep your main U.S. checking account for income deposits (SS, pensions, clients).
- Open a Wise or Revolut account to move money abroad instantly.
- Use your Schwab debit card for cash withdrawals in-country.

That’s it. No lawyers, no corporations, no expensive setups. Just smart layering.

Your Action Step

1. Open one nomad-friendly account (Wise or Revolut).
2. Order the debit card, link it to your U.S. bank, and test a small transfer.
3. Keep your Schwab or other fee-free ATM card as your daily workhorse.

This way, when you land, you can eat dinner, pay rent, and book your next ride without sweating about bank freezes.

A Quick Story

Sandra (38, Chicago → Lisbon) thought she had it all figured out. She kept her U.S. Chase card and figured she’d just “let them know” she was abroad. By month two, Chase froze her card — twice. Each time she spent hours on Skype, begging customer service to reopen her account.

When she finally switched to Wise + Schwab, the problems stopped. Rent went through on time. ATM withdrawals didn’t cost \$8 a hit. The stress disappeared.

The difference wasn’t money. It was **planning**.

Where to Go Deeper

In the **7-Day Mini-Course**, we'll show you:

- Exactly which banks and cards work best for perpetual tourists (including 2025 updates).
- A plug-and-play setup for U.S. citizens that guarantees 24/7 access to funds.
- Walkthrough videos: how to open and connect Wise/Revolut accounts, step by step.
- A printable “Banking Without Borders” flowchart you can keep in your travel folder.

Today you've taken the first step. Tomorrow, we'll shift gears into **Day 5: Healthcare Without Drama** — because even paradise feels fragile without a plan for when you get sick.

Day 5: Healthcare Without Drama

How to Stay Healthy Abroad Without Getting Stuck in a Nightmare

The Fear That Stops Most People

If you ask the average American why they *don't* live abroad, one answer comes up again and again:

“But what if I get sick?”

It's a fair question. We've been conditioned to believe healthcare is complicated, expensive, and tied to our home country. But here's the truth: in much of the world, healthcare is **simpler, faster, and far more affordable** than what you're used to.

Healthcare Abroad: What It Really Looks Like

- **Thailand** → World-class private hospitals in Bangkok and Chiang Mai, often 70% cheaper than the U.S.
- **Mexico** → Affordable clinics everywhere; many doctors trained in the U.S. or Europe.
- **Portugal** → Universal healthcare plus excellent private care at a fraction of U.S. prices.
- **Vietnam** → Quality varies, but in major cities you'll find modern hospitals and English-speaking staff.

In most countries, you don't wait weeks for an appointment. You walk into a clinic, pay cash, and get treated the same day.

Two Layers of Protection

For perpetual tourists, healthcare comes down to two simple layers:

1. Travel Insurance (for emergencies)

- Covers the big stuff: accidents, hospital stays, evacuation if needed.
- Costs far less than U.S. health insurance — often under \$100/month.
- Works best for peace of mind when you're moving country to country.

2. Local Care (for daily needs)

- Small clinic visits, checkups, dental care, prescriptions — usually shockingly cheap.

- Example: A full dental cleaning in Thailand might cost \$40. A doctor's visit in Mexico? \$25.
 - Many expats choose to pay cash for routine care and keep insurance for emergencies only.
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Why This Is Simpler Than You Think

Most of the world doesn't tie healthcare to employment or complicated insurance networks. You don't need pre-approval, in-network referrals, or surprise bills. You walk in, you pay, you walk out.

That simplicity is a huge part of why the perpetual tourist lifestyle feels so liberating.

Your Action Step

1. Pick one **travel insurance provider** you'd trust. (World Nomads, SafetyWing, Allianz are common starting points.)
2. Write down your **medical comfort zone**: Do you need 24/7 Western-style hospitals, or are you comfortable with local clinics for everyday care?
3. Look up one clinic or hospital in your target country. Write the name, address, and cost of a basic checkup.

In 15 minutes, you'll already feel safer.

A Quick Story

Leah (51, Seattle → Chiang Mai) had been nervous about healthcare. In the U.S., she was paying over \$600/month for insurance. In Thailand, she switched to a travel insurance plan for \$80/month. When she needed a doctor for a minor infection, she walked into a private hospital, saw an English-speaking doctor in under 30 minutes, and paid \$30 total.

Her takeaway? *"I worried for years about healthcare abroad. But it turned out I should've been worried about healthcare at home."*

Where to Go Deeper

In the **7-Day Mini-Course**, we'll go further into:

- Which travel insurance companies actually pay out (and which to avoid).
- Country-by-country healthcare snapshots with real cost breakdowns.
- How to find English-speaking doctors fast.
- A printable “Healthcare Cheat Sheet” you can pack in your travel folder.

Today's lesson should take the fear off your shoulders. Tomorrow we'll focus on something just as practical:

Day 6: Housing & Internet in a Snap — because you can't enjoy freedom if you're stressing about scams, bad Wi-Fi, or where you'll sleep.

Day 6: Housing & Internet in a Snap

How to Land Smoothly Without Getting Scammed or Stranded

The Housing Panic

Every perpetual tourist has the same thought right before they leave:

“Where am I going to stay?”

The fear is real: horror stories of shady landlords, cockroach hotels, or paying 3 months’ rent upfront only to find the place has no Wi-Fi. Nothing kills the dream faster than bad housing.

But here’s the good news: **it’s easier than ever to land smoothly**. With the right system, you’ll always have a clean bed, reliable internet, and a safe neighborhood — without spending weeks hunting or risking scams.

The Two-Layer Housing Hack

The trick is to **split your housing into two phases**:

Phase 1: The Landing Pad

- Book 1–2 weeks on Airbnb or Booking.com before you arrive.
- Pick something central, safe, and reviewed — not the cheapest, not the fanciest.
- This gives you breathing room. You land, drop your bags, and know you’ve got Wi-Fi and a bed waiting.

Phase 2: The Local Rental

- Once on the ground, look for monthly rentals. Prices are usually 30–50% cheaper than online listings.
- Walk the neighborhood. Talk to café owners, check local Facebook groups, or ask expats where they live.
- Always inspect in person before paying.

This **two-layer system** saves you money and stress. You avoid scams online and lock in better deals face-to-face.

Internet: Your Lifeline

For perpetual tourists, or digital nomads, reliable internet isn't optional. It's your work, your maps, your banking, and your entertainment.

Here's how to make sure you're covered:

- Use Airbnb filters for “dedicated workspace” and “Wi-Fi.”
- On arrival, run a speed test (speedtest.net). Anything under 10 Mbps is trouble.
- Keep a local SIM card with data as backup (Day 3 covered this).

Pro tip: Co-working spaces are everywhere. Even if your apartment Wi-Fi lags, you'll always have a fallback.

Avoiding Scams

Scammers prey on new arrivals who look desperate. Avoid these traps:

- **Never wire money before seeing a place.** If a landlord insists, walk away.
 - **Don't lock into 6–12 months.** You're a tourist, not a resident. Flexibility is your power.
 - **Trust reviews, not promises.** A place with no reviews is usually no accident.
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Your Action Step

1. Choose your **landing pad**. Book at least 1–2 weeks on Airbnb or Booking.com in your target city.
2. Make a short list of **monthly rental options** you'll check in person once you land. Facebook groups and expat forums are good starting points.
3. Save two backup co-working spaces or cafés in your map app — just in case your housing Wi-Fi flops.

Do these three things, and you'll never land “blind.”

A Quick Story

Tyler (29, U.S. → Vietnam) thought he'd be clever and rent a condo in Ho Chi Minh City directly from a “landlord” he found on Facebook. He wired two months' rent to “hold the place.” When he arrived, the building didn't exist.

Contrast that with Carlos (44, Texas → Yucatán). He booked 10 days on Airbnb, spent his first week exploring neighborhoods, and found a local rental for half the price. He moved in with strong Wi-Fi, friendly neighbors, and zero stress.

The difference wasn't luck. It was **the system**.

Where to Go Deeper

In the **7-Day Mini-Course**, we'll show you:

- The exact websites, apps, and groups perpetual tourists use to land monthly rentals.
- A printable **Housing Inspection Checklist** so you never miss red flags.
- How to negotiate monthly rents down without offending landlords.
- Scripts you can copy-paste to message hosts and landlords (and avoid scams).

Today you've secured a roof and a signal. Tomorrow, we'll close it out with **Day 7: Pulling the Trigger** — where we tie everything together into your first 90-day plan.

Day 7: Pulling the Trigger

Your 90-Day Test Run (and Why Now Is the Time)

The Trap of “Someday”

By now, you’ve seen the pieces:

- Digital freedom that keeps you connected.
- Banking without borders.
- Healthcare that works.
- Housing you can trust.
- Visa strategies that keep you legal.

You have enough to start. But here’s the truth: if you don’t *move soon*, this becomes just another PDF sitting on your hard drive.

The biggest trap of all isn’t visas or banks. It’s **waiting**.

“Someday” never comes. The only way to know if this works for you is to run the experiment.

The 90-Day Test Run

Here’s your simplified launch plan:

Step 1: Pick a Departure Date

- Circle it on the calendar. Within 90 days, you’ll be on a plane.
- Tell one trusted friend so you can’t back out.

Step 2: Book Your Landing Pad

- 1–2 weeks on Airbnb or Booking.com in your chosen city.
- Make sure it has Wi-Fi and reviews.

Step 3: Map Your First 90 Days

- Country: [Insert from Day 2 short list]
- Visa length: [Insert from Day 3 research]
- Banking: [List your Wise/Schwab/Revolut setup]
- Housing: [Landing pad + monthly rental plan]

- Healthcare: [Insurance provider + one local clinic/hospital noted]

That's it. Three steps. You don't need to "have it all figured out." You just need to get moving.

Why 90 Days Works

Ninety days is long enough to test the lifestyle, short enough to feel safe. It gives you a real taste of what life abroad feels like without the pressure of "forever."

- If you love it: extend your visa, move to another country, or repeat the process.
- If you hate it: fly home, knowing you tested it and got answers most people never will.

Either way, you win.

Your Action Step

1. Write your **departure date** in your calendar (within the next 90 days).
2. Book your **landing pad** this week.
3. Share your plan with one trusted person.

This isn't theory anymore. It's your life.

The Push You Need

Here's the truth: everything you've read in this checklist is real. But it's still just the surface. You've seen *what* to do. What you don't have yet is the *how*.

- You don't have the exact visa templates.
- You don't have the housing inspection checklist.
- You don't have the step-by-step bank setup walkthroughs.
- You don't have the healthcare cheat sheets, the scripts, or the scorecards.

That's why I built the **7-Day Mini-Course: How to Be a Perpetual Tourist in 7 Days (Without Red Tape, Visa Runs, or Banking Headaches)**.

Inside, you'll get everything you need to:

- Pick your perfect country using the **Perpetual Tourist Scorecard**.
- Hack visas the right way with the **Visa Matrix**.
- Set up banking without freezes using our **Banking Flowchart**.

- Protect your health with the **Healthcare Cheat Sheet**.
 - Land housing safely with the **Two-Layer Housing System**.
 - Build your entire 90-day launch plan in under a week.
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Why Buy Now

Because waiting kills dreams.

The mini-course isn't just information. It's a **shortcut** — a way to skip the trial-and-error that sinks most travelers. You could spend months piecing this together from blogs and forums. Or you could have it all organized, step-by-step, in one place.

And right now, you're standing at the crossroads:

- File this guide away and do nothing.
 - Or commit, today, to giving yourself the freedom you've wanted for years.
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Your Invitation

The only difference between you and the people already living this life is one thing: **action**.

If you've read this far, you've already proved you want it. You've already imagined yourself sipping coffee in a beach café, paying rent without stress, and knowing you're free from the hamster wheel.

Now it's time to claim it.

[Join the 7-Day Mini-Course today.](#) In one week, you'll have your plan, your tools, and your confidence to launch your first 90-Day Test Run.

Don't wait for "someday." Your departure date starts now.

Besides, you're getting this valuable info for
~~\$49~~, only \$27